

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK ONE 6 Jan 27 Jan 24 Feb 16 Mar	Option 1 Chicken Curry	Tomato & Vegetable Pasta	Roast Chicken, Stuffing, & Gravy	Chicken Sausages & Gravy	White Fish Fingers/ Salmon Fish Fingers
	Option 2 Lentil & Sweet Potato Curry with Rice	Macaroni Cheese	Vegetable Wellington with Gravy	Linda McCartney Sausages & Gravy	Bean & Lentil Burger
	Carbs 50/ 50 Rice	Spaghetti or Macaroni	Roast Potatoes or New Potatoes	Mashed Potatoes	Baked Chips or Couscous
	Vegetables Sweetcorn Cabbage	Roasted Vegetables	Carrots Green Beans	Cauliflower Broccoli	Baked Beans Peas
	Dessert Fresh Fruit & Yoghurt Station	Peach Cake with Custard Yoghurt / Fresh Fruit	Grapes, Cheese & Crackers Yoghurt / Fresh Fruit	Apple Flapjack Yoghurt / Fresh Fruit	Fresh Fruit & Yoghurt Station
WEEK TWO 13 Jan 3 Feb 2 Mar 23 Mar	Option 1 Cheese & Beef Pizza with Salad	Chicken & Apricot Tagine	Roast (as advertised) & Gravy	Mexican Beef	Breaded Fish
	Option 2 Cheese & Tomato Pizza with Salad	Vegetable & Apricot Tagine	Quorn Roast Fillet with Gravy	Mexican Beans	Cheese Frittata
	Carbs Pizza	50/ 50 Rice	Roast Potatoes or Mashed Potatoes	50/50 Rice	Baked Chips or Couscous
	Vegetables Sweetcorn Roast Tomatoes	Peas Cauliflower	Carrots Green Beans	Sweetcorn Broccoli	Baked Beans Peas
	Dessert Oaty Pear Crumble & Custard Yoghurt / Fresh Fruit	Fresh Fruit & Yoghurt Station	Apple, Cheese & Crackers Yoghurt / Fresh Fruit	Orange & Lemon Shortbread Yoghurt / Fresh Fruit	Fresh Fruit & Yoghurt Station
WEEK THREE 20 Jan 10 Feb 9 Mar 30 Mar	Option 1 Spaghetti Bolognese	Chicken Stir Fry	Roast (as advertised) & Gravy	Chicken & Sweetcorn Pie & Gravy	Fish in Batter
	Option 2 Chickpea Curry	Soya Mince Stir Fry	Potato & Courgette Layer Bake	Vegetable Hotpot	Cheese & Tomato Quiche
	Carbs Spaghetti or 50/50 Rice	Egg Noodles or 50/50 Rice	Roast Potatoes or New Potatoes	Mashed Potato	Baked Chips or Couscous
	Vegetables Sweetcorn Broccoli	Green Beans Cauliflower	Carrots Peas	Swede & Carrot Mash	Baked Beans Peas
	Dessert Fresh Fruit & Yoghurt Station	Chocolate & Orange Brownie Yoghurt / Fresh Fruit	Mixed Fruit Salad Yoghurt / Fresh Fruit	Apple Sponge & Custard Yoghurt / Fresh Fruit	Fresh Fruit & Yoghurt Station

Available Daily

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION

If your child has an allergy or intolerance, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

WHAT'S FOR LUNCH THIS SPRING...



Caterlink is an award-winning food service provider catering for primary schools across the country.



We are passionate about providing your children with award winning Food for Life Starved Here freshly prepared school lunches that are true to our fresh food heritage. All our meals are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 5g recommendation by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant based recipes to our menus and wish free days to support the sustainable aspects of our offer.

KEEP IN TOUCH

You can keep up to date with what is going on by visiting our web site <https://caterlinkltd.co.uk/my-caterlink> to find the latest news and information about our upcoming theme days and our current menu. You can also get in touch through our contact us page, we appreciate all feedback on our service.

RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site <https://caterlinkltd.co.uk/jobs-vacancies> or email recruitment@caterlinkltd.co.uk

UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2 they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

FREE SCHOOL MEALS

Low Income - Are you missing out? to check if you are entitled to Free School Meal entitlement ask at your school office.

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