



SUMMARY OF APPROACH TO PHYSICAL EDUCATION NEW END PRIMARY SCHOOL



Intent

Here at New End, we believe PE and sport are essential to a child's health, well-being and physical and mental development. We pride ourselves on offering a broad and in-depth curriculum, one that allows and enables our pupils to grow in confidence, learn the value of respect, work as part of a team, develop their leadership skills and most importantly, make informed, lasting choices about the way they live their life! We want all of our pupils to leave school physically literate and with the knowledge, skills and motivation to encourage them to continue participating in sport and leading healthy, happy and active lives. We have aided the development of a whole school progression document to ensure that the pupils are constantly building upon what they have learnt in previous years.

Our curriculum aims to enable our pupils to:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

We expect the following key skills to be developed for all children at New End.

By the end of KS1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

By the end of KS2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best
- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

Implementation

Our aims as described above are translated into a progressive, effective curriculum that is based on ...

All pupils currently receive weekly PE lessons from PE Planning, with the PE curriculum designed to ensure all requirements are met by the end of each Key Stage. Over the course of the year, blocks of swimming lessons are provided to certain year groups, with the intention of swimming the required 25 metres by the end of Key Stage 2. Extra opportunities arise and take place throughout the year for pupils to participate in a variety of sports, activities and also units delivered by experienced coaches, for example Camden Schools Sports Association (CSSA) sport galas, swimming with Swiss Cottage Leisure Centre, cricket with Middlesex Cricket School and Capital Kids Cricket, football with Regents Park Football Club and participation in The Daily Mile.

We take part in a growing number of competitions in the wider community, allowing the children to compete against other schools and boroughs, helping to develop new relationships, a healthy competitive nature and attitude and encouraging positive sportsmanship and teamwork.

At New End, we have a variety of extracurricular clubs that all pupils have the opportunity to take part in and develop their interests.

Please see curriculum overview.

	Class PE/Sport					
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Me and Myself	Movement Development	Dance	Working with Others	Fun & Games	Ball Skills
Year 1	Handball	Fitness	Dance	Volleyball	Orienteering	Cricket
Year 2				Cricket with Ray		Volleyball
Year 3	Dodgeball	Dance	Cricket with Ray	Swimming	Rounders	Orienteering
Year 4		Cricket with Ray	Dance			
Year 5	Orienteering	Tag rugby			Cricket with Ray	Rounders
Year 6	Cricket with Ray				Orienteering	Cricket with Ray

** Teacher choice: Term where classes have swimming, teachers can teach hockey, handball and volleyball lessons*

PE Coaches						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception						
Year 1	Ball Skills	Gymnastics	Run, Jump, Throw	Hit, Catch, Run	Fundamental Movement Skills	Modified Games
Year 2					Athletics	
Year 3	Basketball & Netball	Gymnastics	Net/Wall Games	Football	Athletics	Tennis & Badminton
Year 4			Football	Net/Wall Games		
Year 5			Net/Wall Games	Football		
Year 6			Football	Net/Wall Games		

Impact

Teaching the full scheme of work ensures that by the end of Year 6, children in New End will have met the statutory objectives of the National Curriculum in Physical Education.

Assessment of how well children have learnt the key skills are used at the end of each block. These enable teachers/coaches to identify gaps in learning for specific children and to plan for catch up sessions for those individuals or groups. End of term assessments are used to measure progress and to identify children who have met, exceeded or not met the learning objectives. These are used to assist with planning in terms of support and challenge for the subsequent term.

Children are assessed against a bank of statements created with the support of PE coaches/PE Planning for each strand of the PE curriculum. The statements have been carefully mapped out for each year group meaning skills are progressive, built on year on year and show clear development. The learning outcomes help to support planning and the understanding of the development of a child through PE. These can be found within the curriculum overview.